

## Mattaponi River Sojourn – Sept. 8-9, 2007

### What to Bring Checklist

Lunch for Saturday (this meal is not being provided so please be sure to bring your own in your own cooler bag or container)

Snacks

Drinking water for Saturday (water will also be available at camp site)

Sunscreen

Sunglasses

Insect repellent

Hand Sanitizer/Sanitizer Wipes

Dry bag or waterproof bag for anything that needs to be kept dry (cell phone, camera, etc.)

Hat

Rain gear (check weather before packing)

Swim suit (wear your swim suit if the weather is good)

Change of clothes /dry shoes

Footwear that you don't mind getting wet/muddy (river shoes, old tennis shoes or sandals with an ankle strap)

Warm clothing (check weather before packing)

Camera (optional)

Binoculars (optional)

Keys to car (put in a pocket/dry bag that zips or buttons)

Medications-bee kits, inhalers, etc.

Whistle

Signed waiver forms

If you are bringing your own boat, don't forget: Canoe/kayak, Paddle

Life jacket/PFD (Required at all times while on or near the river. If you need a PFD please contact the outfitter.)

Bailer

Dry bag

Camping Gear (for Saturday night - gear will be transported by MPRA)

Sleeping bag

Tent

Pillow

Flashlight/Lantern

Therma-rest pad (optional)

Containers for getting water (drinking and washing water will be provided at the camp site)

Mess kit (plate, cup/water bottle, fork, spoon, knife) (optional to help us reduce litter)

Personal items

Camp chairs

Campfire music/stories (optional)

Reading material (optional)

Anyone attending the dinner only at Sandy Point should bring the following:

Medications-bee kits, inhalers, etc.

Camp chairs for dinner at Sandy Point (there are picnic tables on site)

Campfire music/stories (optional)

Bathing suits/towels if you'd like to swim

**Please leave your valuables (rings, watches, purses, etc) at home.**